

Meditation on the Lord's prayer

Our Father in heaven,

Father, I sense you in busyness,
creativity and frustrations of the workplace,
in laughter and tears of the family home,
in conflict and peace-making in the world,
in the red-bracken mountain climb.
Open my eyes
to glimpses of your heaven each day.

Hallowed to be your name,

You call my name,
you call me to worship -
to sing and dance,
to shout and proclaim,
to give praise to your name.

Your Kingdom come,

You called me to be your servant,
to be your love in the world,
to further your Kingdom on earth.
Show me, guide me, how to serve you.

Your will be done,

That is my daily prayer.
What is your will for your people?
What is your will for your world?
What is your will for me?
I listened for your voice;
show me the path to follow.

On earth as in heaven.

May I live your will
in the small daily acts of living
and in the way I respond to your call.
May I work your will
here and now on earth,
with a vision of your glory,
the inspiration of your Kingdom before me.

Give us this day our daily bread;

You provide for my needs,
my food and shelter;
give me strength to serve you,
wisdom and knowledge
so I may share your gospel,
love and compassion
so I may live and work with your good news.

***Forgive us our sins as we forgive those
who sin against us;***

Forgive me for those days and years
those perplexing times,
when I failed to respond to your call;
for times when I doubt your power to equip me
for the task;
for holding back when I should step forward;
for remaining silent when I should speak.
May I forgive those who hurt me,
who doubt me, or overlook me.

Save us from a time of trial,

May I not be tempted to divorce action from
prayer,
nor prayer from action.
May I not give way to complacency,
nor undue fear,
to arrogance,
nor timidity.
Grant me patience to test my sense of calling
with humility and the wisdom of others.
May I proceed with deep honesty and integrity.

And deliver us from evil.

Help me to keep to the path
that leads to you,
and to avoid patterns of living that keep me
from you.

***For yours is the Kingdom,
the power and the glory,
forever and ever. Amen***

As your servant,
may I partake in the growth of your Kingdom;
may I sing and work to your praise and glory.

Father and Mother in heaven,
let your power work in my life.
Amen.