



Monday 20:00  
on Zoom

# Food For Thought

10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup>, 31<sup>st</sup> January  
7<sup>th</sup>, 14<sup>th</sup> February

Come and join us as we explore the wisdom offered through the Bible, and with the help of other writings - about life, companionship, knowing who we are - and cake. A time of fellowship and fun - and of course 'food for thought'.

"Do you have a favourite saying?" asked the boy.  
"Yes" said the mole.  
"What is it?"  
"If at first you don't succeed, have some cake."  
"I see, does it work?"  
"Every time"

But the wisdom from above  
is first pure, then peaceable,  
gentle, reasonable, full of  
mercy and good fruits,  
unwavering, without  
hypocrisy.

James 3:17.